



makeover plan

Sydney face stylist **Janesse Taylor-Saar** specialises in providing men and women with a comprehensive nonsurgical life plan for facial and skin rejuvenation. Lise Petersen reports.

I am very focussed on providing a range of facial rejuvenation and long-term nonsurgical options to people of all ages," explains Sydney face stylist Janesse Taylor-Saar.

"With an immediate eye for detail and style, I also have a passion to provide my clients with a comprehensive life plan," she says. "To achieve this, even from the very first consultation, I discuss with my client all aspects of their needs, including what is important to them and how they see themselves. A cost to fit their budget is also taken into account. Once we are both fully informed, I work out their management plan for the short term and beyond."

Taylor-Saar's makeover plans can involve a number of facial rejuvenation options. She likes to use a combination of carefully chosen peels, microdermabrasion, ELOS – the very latest technology for photorejuvenation and hair removal, Botox and Newfill, advanced active skincare, teeth whitening and, of course, cosmetic tattooing. "A good plan will optimise the skin's texture, smooth wrinkles, correct sunspots, age spots and acne scars, and remove redness, pigmentation and unwanted hair," she explains.

When it comes to skincare, Taylor-Saar recommends topical skincare products such as Medicalia (which she says has brilliant pre and postoperative care products) and Environ, which is an outstanding product when prescribed correctly.

Newfill, a dermal filler that is ideal for plumping the lower

face from below the eye area, is a favourite of Taylor-Saar: "I have it myself but it is extremely important that the injector has an experienced eye for detail." Botox is another favourite. "Many things can be done with Botox," she says. "I work with the doctors to achieve exactly the look I'm after, keeping in mind it is essential not to lose facial character." Botox works very well for frown lines, crow's feet, furrow lines and brow lifts.

Whitening for teeth is also important. "Whiter teeth make people look younger," she explains. "Stained teeth look aged, and coffee, tea and spicy foods all stain the teeth. And if a client has crooked teeth, giving them a straighter appearance with teeth filing can make a big difference to a smile. I also advise clients to have any amalgam fillings replaced with composites."

Well-shaped brows are important because they help to frame the face. Taylor-Saar is a brow stylist and uses tweezers, wax, scissors and thinners (or tattooing if required), and may even remove hair from the top of the brow to give the brow a well-shaped arch. "Once a woman has been to a professional brow stylist she will never be without one!" she says.

As we age we lose definition around our eyes, brows and lips. "Tattooing defines these features by bringing them back into focus," she explains. "It is also useful for scar camouflage. I do this in particular for doctor's patients who require postoperative procedures or for facelift, breast and accident scars."

Finally, Taylor-Saar is now renowned for her tattooed designer liner – and she does a lot of them. "Designer liner makes the lashes look thicker and the eyes more glamorous, creating an elegant, feminine look," she says. "It is a case of more is less and every client I've done this procedure on is ecstatic with the result."

Essentially, Taylor-Saar gives her clients a comprehensive face makeover – one that will see them through a number of years – helping them to make the most of their appearance without surgery. **acsm**